



Olinger Hampden Mortuary and Memorial Gardens

Tuesday, March 30, 2010

6:30 pm – 8:00 pm

Grief: Out of the Closet

We live in a society that grieves well and mourns poorly. We have become experts in stuffing our emotions, avoiding the pain of our losses, and diverting our attention through addictive behaviors. Please join us in learning how to air out our losses, experience and express the intensity of our emotions, and understand that our losses must be integrated into our lives, not avoided.

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Olinger Hampden Mortuary and Memorial Gardens

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For information and/or RSVP, call Stacie Schubert at 303.445.4151



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